

The Porthole

September
2009



The official newsletter of the Ann Arbor Sail and Power Squadron
a Unit of United States Power Squadrons
<http://www.annarborsailandpowersquadron.org>

Ann Arbor Sail and Power Squadron Chartered 1965 as a unit of United States Power Squadrons (USPS)

General Meetings are usually held on the third Monday of the month at St. Joseph Hospital's Education Center, Ann Arbor.

**Ann Arbor Sail and Power Squadron
Boating Education**



**44 YEARS SERVING
THE BOATING PUBLIC**

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<http://www.annarborsailandpowersquadron.org>.

**Thankyou Shih-Chieh Yin for your design of this
months front page of the Porthole**



Volunteers are welcome and needed for the following opportunities:

Porthole Staff - Articles, cover design, events page, printing and mailing copies, e-mail list and distribution.
Education Staff - Assistant Education Officer, Chairman Boating, Ch. Marine Electronics, Ch. Instructor Development, Ch. Engine Maintenance, Ch. Teaching Aids, Calligraphy on certificates and wallet cards, Ch. of various seminars.
Misc. Staff - Chairman Meetings and Programs, Ch. Member Involvement, Ch. Operations Training
PRO (Public Relations Officer) Advertising Staff for public courses and programs.

The editors thank their son, Bradley, for help with computer set-up and consulting. The Porthole is sent in color via e-mail in PDF format or via US mail in black and white.

The Porthole is published ten times a year, September through June, by the Ann Arbor Sail and Power Squadron. The articles and opinions expressed therein do not necessarily reflect USPS or AAPSP policy. Articles may be reprinted without permission, if credit is given to the author and to the original source.



General Meeting Monday, 21 Sept. 2009

at St. Josephs Hospital Adminstration Building
5305 Elliott Dr. parking Lot P,

2nd floor room 5 in the Education Center.

Take stairs or elevator to the 2nd. floor. Turn left and walk about 30 paces. Then turn left thru the double doors and walk past the rest rooms to classroom 5.

Ann Arbor Sail and Power Squadron
(Sail and Power Boating Education)

<http://www.annarborsailandpowersquadron.org>.

6 pm Potluck

Please bring a dish to pass and your own drinks - Please call Sharon Pinsak - 734-973-0441, and tell her what food you want to bring so we can have a variety.

6:30 Program: Frank Niehaus, Washtenaw County Marine Officer, will tell about experiences in Boating Laws enforcement.

7:00 General Meeting.



Commander's Message

Labor Day is past and the fall education season is here. Ann Arbor Sail and Power Squadron will again present the USPS Boating course at Washtenaw Community College. If you are interested in teaching or proctoring please contact SEO Ron Schwartz.

Metro Beach in Mount Clemens, MI will again be the site of the annual fall Metro Boat Show. The show will be from September 23rd to the 27th. If you attend make sure you stop by the District 9 booth.

The District 9 Fall Conference will be at the Best Western in Sterling Heights this year from October 23 to 25. AASPS will again partner with Dearborn Power Squadron for a hospitality room.

Our fall kick off meeting will be held at 6pm on Monday, September 21, 2009. We will start with a pot luck dinner and then enjoy a program presented by lawyer and sheriff deputy Frank Niehaus. Frank serves as a sheriff marine officer and will discuss some of his patrol experiences. This should be an informative and entertaining meeting.

September is one of the best boating months in Michigan. The weather is warm but not hot and the winds mild. I have a number of great memories of September boating in Michigan. One in particular was when Marlene and I were coming back from Canada. We were crossing Lake St. Clair heading to our berth in the Clinton River. The day was perfect, a light breeze, clear visibility and warm sunny weather. The lake was calm and we saw a number of gar pike sunning on the surface.

I wish everyone a great fall boating season.

John M. Barr, AP
Commander



Commander John Barr, AP

AASPS Booster Club

Thanks to the following people for their support of the Porthole:

Your \$25 Donations to Ann Arbor Sail and Power Squadron will help our squadron carry on our boating education work. Make your check payable to Ann Arbor Sail and Power Squadron and mail it and your Boat's name to Marlene Barr, treasurer, 1200 Whittier Rd., Ypsilanti, MI, 48197.

Name	Boat Name	Date
John and Marlene Barr	VinVilla	May 2009
Art and Sharon Pinsak	Calypso	May 2009
Frank Hoy	Bobbin' Job	May 2009
Ron and Shirley Schwartz	Half Angel and Soft Shoal	May 2009

SEO Message

We are going to have fun with a small class - about 8 students - this fall, teaching the new America's Boating Course 3rd edition - 8 Wednesdays, 7 to 9 PM, Sept. 16 to Nov. 4, 2009 at Washtenaw Community College, Crane Building Room 161. Cost \$55.00. Call Ron Schwartz 734-769-3476 or e-mail AAPSClasses@aol.com. This course has replaced the Squadron Boating Course and includes, Boating laws, required equipment, navigation and marine paper and digital charts. Graduates receive the Michigan DNR Safe Boating Certificate and USPS ABC-3 certificate.



Lt./C Ron Schwartz, SN Life

Piloting Class: Members with a rating of Seaman or higher can take the Piloting class. If you are interested please contact class chairman John Barr 734-483-0839 JMBarr@BarrLawFirm.com

Navigation: Informal home study and classes have started. For details e-mail AAPSClasses@aol.com, or call 734-769-3476

There are many courses, seminars and study guides available. Subjects range from knots, weather, to electronics to engine maintenance and celestial navigation. Look at their descriptions at www.usps.org and tell me which ones you're interested in. You can do home study or, if we have several people interested in a particular subject, we will have a class.

Volunteers are needed for Assistant Education Officer, Chairman Boating, Ch. Marine Electronics, Ch. Instructor Development, Ch. Engine Maintenance, Ch. Teaching Aids, Chairman of Learning Guides, Calligraphy on certificates and wallet cards, Ch. of various seminars.

Secretaries Comments

The June picnic was attended by John, Marlene, and John Jr. Barr, Frank Hoy (brought two kayaks), Peg Moller, Art and Sharon Pinsak, Jadwin Root, Ron and Shirley Schwaratz, and Iris and Del Young. Ron, Frank and Art took kayak rides on Argo Pond. The weather was perfect. All had good food and conversation.



Partial list of Events, 2009

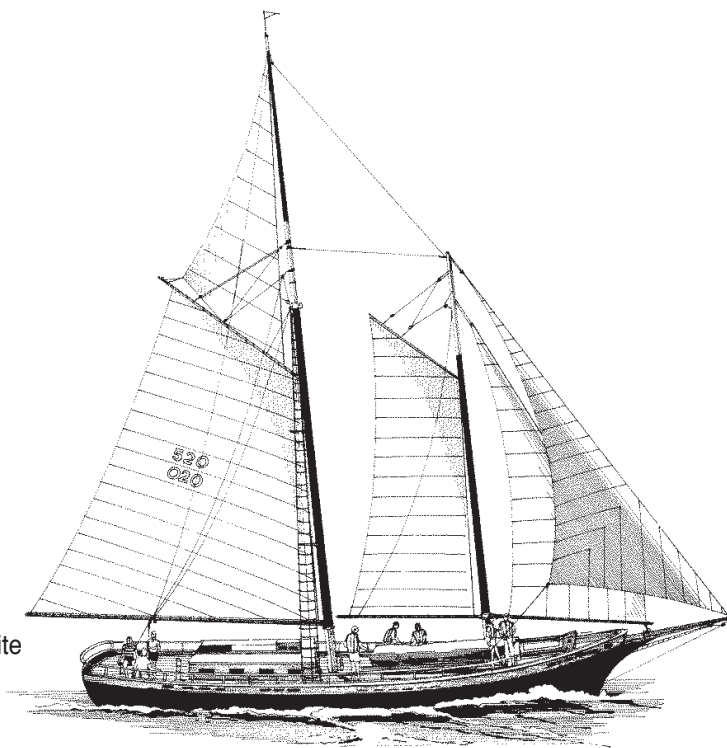
<u>DATE</u>	<u>SPONSOR</u>	<u>EVENT AND LOCATION</u>
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Sept. 16 to Nov. 4,	AASPS,	America's Boating Course 3rd edition - 8 Wednesdays, 7 to 9 PM, Sept. 16 to Nov. 4, 2009 at Washtenaw Community College. Cost \$55.00. Call Ron Schwartz 734-769-3476 or e-mail AAPSclasses@aol.com.
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18-20 Sept	CG Auxiliary Fall Conference - Bay City	
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23-27 Sept.	Metro Beach Boat Show at the east end of 16 Mile Rd. Lake St. Clair shores.	
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23-25 Oct	Mt Clemens - D9 Fall Conference - Best Western in Sterling Heights	
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Please check USPS web site (www.USPS.org), D9 website (<http://d9-usps.org/app/HomeContact.aspx>), and web sites of squadrons near you for their activities that you might want to attend.

To locate any squadron web site

<http://www.usps.org/newpublic2/squadrons.html>

Anchor Bay PS <http://www.usps.org/localusps/anchorbay/>

Ann Arbor SPS <http://www.annarborsailandpowersquadron.org>.

Birmingham PS <http://www.bpsd9.org/>

Dearborn PS <http://www.dearborn-squadron.org/>.

Detroit PS <http://www.detroitpowersquadron.org/>

Flint PS <http://www.usps.org/localusps/flint/>

Grand Rapids <http://www.grsps.org/>

Grosse Ile PS <http://www.usps.org/localusps/grosseile/>

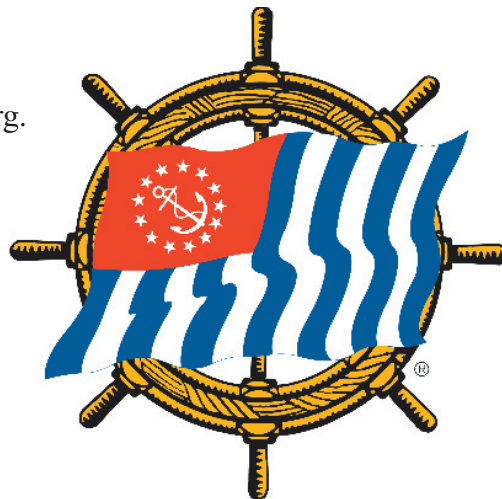
Lansing PS <http://www.lansingpowersquadron.org/>

Mount Clemens PS <http://usps.org/localusps/clemens/>

Port Huron PS <http://mywebpages.comcast.net/phpsd9/>

Saginaw Bay PS www.saginawbaypowersquadron.org

St. Clair Shores PS <http://www.scsps.com/>



GET A LIFE

Study finds that a purposeful life is a longer one

If you have a purpose in life — lofty or not — you'll live

as little as reading a series of books," said study author Dr. Patricia Boyle, a neuropsychologist at the Rush Alzheimer's Disease Center and an assistant professor of behavioral sciences at Rush University Medical Center in Chicago.

"We found that people who reported a greater level of purpose in life were substantially less likely to die over the follow-up period."

longer, a new study shows.

It doesn't seem to matter much what the purpose is, or whether the purpose involves a goal that's ambitious or modest.

"It can be anything — from wanting to accomplish a goal in life, to achieving something in a volunteer organization, to

Though much other research has found that having a purpose in life is crucial to maintaining psychological wellness and physical health, Boyle said she believes the new study is one of the first large-scale investigations to examine the link between life purpose and longevity.

The finding follows another recent study, done by others, in which the researchers found that retirees older than 65 who volunteered had less than half the risk of dying during about a four-year follow-up period as did their peers who did not volunteer their time.

FIRST I. LASTNAME



ANN ARBOR

AASPS MEMBERS Name Tags

We are going to order name tags for our members. We need to order at least 10 tags to get a reduced price of \$10 each. The tags can be attached to your cloths by a magnet. No holes in your cloths. If you want one please send a check for \$10 payable to *Ann Arbor Sail and Power Squadron* to Art Pinsak, 3365 Tacoma Cir., Ann Arbor, MI 48108. The tags will be black/white laminated plastic with a white beveled border, white engraved letters and the AASPS burgee, similar to the picture below.